



BAYLOR COLLEGE OF MEDICINE
BIOTECH ACADEMY AT RUSK
Athletics Parent Meeting
Thursday, September 2
6:00PM

Athlete code of conduct:

- ❑ Athletics are a part of the total educational program and should emphasize the “student first” philosophy
- ❑ Being an athlete at BCM BAR is a privilege and not a right
- ❑ Held to high academic standards- students MUST be passing in ALL classes to participate
- ❑ Behavior on and off the field/court should be exemplary as well as in the classroom. Students with behavior issues will not be allowed to participate

Athlete code of conduct:

Good citizenship and sportsmanship expected at all times.

Do not engage in criminal activity in or outside of school.

Drug/Alcohol/Tobacco possession or use will result in an immediate suspension..

Student-Athlete and Parents are financially responsible to return all district owned equipment. If damaged, lost, or stolen, a replacement fee will be issued

Goals of BCM Biotech Academy at Rusk Athletics and Afterschool Program



Develop the student-athlete



Increase participation in afterschool activities



Improve school spirit and atmosphere



Increase family, community, and school involvement



Recognize and encourage athletic excellence



Teach and promote sportsmanship

Every student MUST have a sports physical to practice and/or play in an afterschool sports activity whether completed by own physician or having one completed at BCM Biotech Academy at Rusk. No student may participate without one.

Sports Physical will be offered at Rusk on:

Sept. 8: Girl's Sports Physical – 2:00PM-4:00PM

Sept. 9: Boy's Sports Physical – 2:00PM-4:00PM

- ❑ Complete all paperwork in packet and turn it into Mrs. Schneider
- ❑ Cost \$20 cash by Tuesday, Sept. 7.

** All sports physicals due on Friday, September 10.

Expectations

- ❓ Please pick your child up on time in the front of the school. Cycling will be picked up in the back of the school where the buses pick up in afternoon.
- ❓ In order to ensure the health and well-being of the volunteers and children involved in the program we will not be able to stay late. After 2 times picking up your child late, they will no longer be able to participate in the program. This will be left at the discretion of the coach.
- ❓ Athletes are expected to dress in proper attire for daily practices. Bring a snack and water bottle. Coaches will notify students on their expectations.
- ❓ Parents, please sign up for your child's coaches/Sponsors on the Remind AP.

BCM Cycling Team

Coaches: Mrs. Schneider, Mr. Rodriguez & Ms. Edwards

- ❑ Cyclists have been notified that they are on the team
- ❑ September 13- November 17
- ❑ On Monday and Wednesday's from 4:00PM-5:15PM
- ❑ In-person parents meeting (meet at picnic tables back of school at 5:15PM on Sept. 13)
- ❑ Cyclists MUST have a change of clothing, snack and water bottle for ALL rides
- ❑ Students will be provided and assigned a bike and helmet for the season.
- ❑ If student does not show up to cycling more than 2 times, student's spot will be replaced by another student... we have a LONG waiting list of students who want to participate in the program.
- ❑ Parents MUST pick up their child on time. After 2 late pickups students will not be able to participate in the program. Our coaches have families and other commitments.
- ❑ Remind Code; @b344f42



Soccer- Boy's and Girl's

Coach: Mr. Munoz

- ❑ Boy's will practice on Monday and Wednesday's from 4:00PM-5:15PM. September 13-December 15
- ❑ Girl's will practice on Tuesday's and Thursday's from 4:00PM-5:15PM. September 14-December 16
- ❑ Try outs will be on:
 - ❑ Girls: Tuesday, September 7 4:00PM-5:15PM
 - ❑ Boys: Tuesday, September 8 4:00PM-5:15PM
- ❑ Team members will be announced at the end of the practice.
- ❑ 1st practice is on:
 - ❑ Boy's: Monday, September 13
 - ❑ Girl's: Tuesday, September 14
- ❑ Bring with you to practice: Water bottle filled, cleats, shorts, t-shirt, soccer high knee socks.



Girl's Volleyball

Coaches: Ms. DeLaRosa & Ms. Ramirez

- Monday's and Tuesday's
- Begins: Monday, September 13
- 4:00PM-5:15PM
- September 13-November 8
- Bring with you to practice: shorts, t-shirt, tennis shoes, water bottle & snack
- GroupMe (download)
- Pre-Meeting on Sept. 6th at 4:15 pm-4:45 pm
*in the NUC



Baseball (off season conditioning)

Coach: Mr. Glass



- ❑ Wednesday's ONLY
- ❑ 4:00-5:00PM - students will practice and play at the community park.
- ❑ Practice will begin on: Wednesday, September 15.
- ❑ September 15-December 8
- ❑ Bring with you to practice: shorts, t-shirt, tennis shoes, water bottle & snack

Softball (off season)

Coach: Mr. Rivas



- ❑ Beginner girl's ONLY- never played before
- ❑ Wednesday's ONLY
- ❑ 4:00-5:00PM - students will practice and play at the community park.
- ❑ Practice will begin on: Wednesday, October 13
- ❑ October 13-January 27
- ❑ Bring with you to practice: shorts, t-shirt, tennis shoes, softball glove, water bottle & snack

Color Guard

Coach: Ms. McDonald



- ❑ Monday's and Wednesday's
- ❑ Practice will begin on: Monday, September 13
4:00PM-5:15PM
- ❑ September 13-December 8
- ❑ Students will need to bring: Water bottle, change of clothing, flag (The school will provide this.)

Cheerleading

Coach: Mrs. Miller



- Monday's and Wednesday's
- Practice will begin on: Monday, September 13 4:00PM-5:15PM
- September 13-December 8
- Students will need to bring: Water bottle and change of clothing

Tennis

Coaches: Mrs. Fenz and Ms. Hernandez



- ❑ Thursday's ONLY
- ❑ Practice will begin on: Thursday, September 23 4:00PM-5:15PM
- ❑ September 23-November 18
- ❑ Students will need to bring: Water bottle and change of clothing

Basketball: Girl's and Boy's

Coach: Mr. Miller



- ❑ Tuesday's and Thursday's
- ❑ Practice begins on Sept. 14- Dec. 9
- ❑ 4:00PM-5:15PM
- ❑ Students need: change of clothing, basketball shoes, and water bottle.

Clubs

NO SPORTS PHYSICALS NEEDED

Brain STEM

Sponsor: Ms. Nowak



- ❑ Tuesday's 4:00PM-5:15PM
- ❑ Tentative start date 9/28- end of year
- ❑ Permission slips will need to be turned in before 9/28
- ❑ 30 kids max. First come, first serve.
- ❑ Remind code @brainstem2

Robotics

Sponsor: Mr. Situka



- Thursday, Oct. 14- End of Year
- 4:00PM-5:15PM
- Thursdays ONLY

Guitar

Sponsor: Mr. Glass



- o Thursday's
- o 4:15PM-5:00PM
- o Student needs a guitar or string instrument such as a ukulele.
- o Fall only
- o Sept. 16-Dec. 2